

Provider Bulletin

These bulletins are how we communicate procedures, reminders and other information to our valued Magellan Complete Care providers. Please take the time to read the information and share with your colleagues and staff. You can also find this information on MCCofFL.com.

Magellan Complete Care of Florida's online behavioral health tool, *On To Better Health*

Magellan Complete Care of Florida's new online behavioral health tool, *On to Better Health*, gives members access to online self-help tools and resources to help them get and feel better. The *On To Better Health* online tool includes complete guided therapy programs to help members change unhelpful thoughts and behaviors.

***On To Better Health* will help your Magellan Complete Care of Florida patients:**

- Create a personal health plan by answering a few questions
- Take part in recommended evidence-based programs for insomnia, depression, anxiety, substance use, chronic pain and obsessive-compulsive disorder
- Read articles and view videos based on their interests and health needs

Tell your Magellan Complete Care of Florida members how to get started today!

Using *On To Better Health* is easy and doesn't cost Magellan Complete Care of Florida members anything. All they need to do is:

1. Register online at ontobetterhealth.com/mccfl
2. Complete a self-assessment questionnaire

After registering, Magellan Complete Care of Florida members can access *On To Better Health's* easy to use resources when and where they want—it's completely confidential and available 24/7.

If you have any questions, please call us at 1-800-327-8613.